

PROFILE – Rebecca Stowe



With a background in Psychology and Human Resources, Rebecca draws upon her expertise using cutting edge learning principles to facilitate interactive and engaging workshops.

Rebecca began her career in the retail sector working for Coles Group Limited, where she worked in the areas of Recruitment, Organisational Development and Employee Relations. She played a major role in developing leadership strategy and cultural change initiatives and was also part of a team that negotiated the retail agreement for Coles and BiLo Supermarkets. These experiences have enabled Rebecca to relate the most contemporary and cutting edge interpersonal skills theory to an array of people's real life business experiences.

Rebecca's wide range of experiences in learning and development include training and facilitating workshops for hundreds of employees at KPMG in critical interpersonal and business skills such as delegation, self-awareness, time management, career management and coaching and feedback. She has also taught undergraduate Psychology at Monash University.

At CMA, Rebecca delivers engaging training in the areas of negotiation, influence, conflict management and feedback to a wide range of commercial and government organisations. She also co-facilitates the 'Negotiation and Mediation' subject at Monash University Law School. In addition, she draws on her experience in instructional design, contributing to the ongoing refinement of CMA's training approach.